



FEBRUARY | 2024

EAST KNOX JR/SR HIGH LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29 JR/SR HIGH PRICES
STUDENTS \$2.50
REDUCED \$.00
MILK \$.50
ADULT \$3.25

30

31



1

ROTINI/BREADSTICK
QUESADILLA
PRINCE CHARLES VEGGIE
MANDARIN ORANGES
MILK

2

MEATLOAF/ROLL
PEPPERONI PIZZA
GREEN BEANS
MIZED BERRIES

5 PULL A PART PIZZA STICKS
CHICKEN PATTY/BUN
CORN
DICED PEACHES
MILK

6 GENERAL TSO/FRIED RICE &
EGG ROLL
DELI SUB
FAR EAST VEGGIE
MIX TROPICAL FRUIT
MILK

7

TURKEY & NOODLES/ROLL
CHICKEN WRAPS
CARROTS
PINEAPPLE
MILK

8

LASAGANA/BREADSTICK
CALZONE
CALIFORNIA BLEND
MANDARIN ORANGES
MILK

9

CHICKEN STICKS/ROLL
MEXICAN PIZZA
AU GRATIN PIZZA
APPLESAUCE CUPS
MILK

12

TACO IN A BAG
CHICKEN PATTY/BUN
REFRIED/BLACK BEANS
DICED PEARS
MILK

13

SALISBURY STEAK/ROLL
DELI SUB
MASH POTATO/GRAVY
APPLESAUCE
MILK

14

MAC & CHEESE/SLOPPY JOE
CHICKEN WRAPS
BROCCOLI
PINEAPPLE
MILK

15

RAVOILI/BREADSTICK
QUESADILLA
NORMANDY BLEND
MANDARIN ORANGES
MILK

16



19



20

MASH POTATO BOWL
DELI SUB
COR
FRUIT COCKTAIL
MILK

21

BRUNCH FOR LUNCH
CHICKEN WRAP
HASH BROWNS
PINEAPPLE
MILK

22

SPAGHETTI &
MEATBALLS/BREADSTICK
CALZONE
MIX VEGGIE
MANDARIN ORANGES
MILK

23

DOMINO'S PIZZA
GREEN BEANS
STRAWBERRY CUPS
MILK

26

MEATBALL SUB/BUN
CHICKEN PATTY/BUN
CAULIFLOWER
DICED PEACHES
MILK

27

FRENCH BREAD PIZZA
DELI SUB
BAKED BEANS
APPLESAUCE
MILK

28

BURGER BAR
CHICKEN WRAP
FRENCH FRIES
PINEAPPLE
MILK

29

CHICKEN PARM/BUN
QUESADILLA
PEAS & CARROTS
MANDARIN ORANGES
MILK

1

APPLICATIONS ARE
AVAILABLE IN ALL
BUILDING
OFFICES.
DOWNLOAD AT
ekschools.org and FINAL FORMS

News

AVAILABLE DAILY

CHEF SALAD/CROUTONS
FRESH SEASONAL FRUIT
FRESH VEGGIE BAR

MENU IS SUBJECT TO
CHANGES

BREAKFAST IS FREE FOR
ALL STUDENTS

BULLDOG HAPPENINGS:
1ST & 6TH CONFERENCES
16TH & 19TH NO SCHOOL

PLEASE FILL OUT A
FREE/REDUCED
LUNCH
APPLICATION

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

